



SCIENTIFIC CONFERENCE

DIGESTIVE 2026 SYNERGY

Experts. Ideas. Practice.

 **25-26.09**

SCIENTIFIC PROGRAM

**WELCOME ADDRESS FROM THE CHAIRMAN OF NATIONAL
SCIENTIFIC MEDICAL CENTER JSC**

DEAR COLLEAGUES AND CONFERENCE PARTICIPANTS,

ON BEHALF OF THE NATIONAL SCIENTIFIC MEDICAL CENTER JSC, I AM PLEASED TO WELCOME YOU TO THE DIGESTIVE SYNERGY 2026 CONFERENCE, WHICH WILL TAKE PLACE ON SEPTEMBER 25–26 IN ASTANA AND WILL BRING TOGETHER LEADING SPECIALISTS IN HEPATOLOGY, GASTROENTEROLOGY, SURGERY, COLORECTAL SURGERY, AND RELATED DISCIPLINES.

DIGESTIVE SYNERGY 2026 IS A PROFESSIONAL PLATFORM CREATED TO FOSTER THE SYNERGY OF KNOWLEDGE AND ADVANCED EXPERTISE IN GASTROENTEROLOGY, HEPATOLOGY, AND GASTROINTESTINAL (GI) SURGERY.

WE ARE PROUD THAT THIS EVENT IS THE RESULT OF CLOSE COOPERATION BETWEEN THE COUNTRY'S LEADING MEDICAL ORGANIZATIONS AND PROFESSIONAL SOCIETIES. THIS YEAR, THE CONFERENCE WILL BE HELD IN A HYBRID FORMAT, ALLOWING EVEN MORE PARTICIPANTS—FROM DIFFERENT REGIONS OF KAZAKHSTAN AND FROM ABROAD—TO JOIN THE DISCUSSION.

THE PROGRAM INCLUDES LECTURES BY INTERNATIONAL EXPERTS, HANDS-ON WORKSHOPS, SCIENTIFIC SYMPOSIA, CLINICAL CASE DISCUSSIONS, POSTER SESSIONS FOR YOUNG SPECIALISTS. I AM CONFIDENT THAT EVERY PARTICIPANT WILL GAIN NOT ONLY PROFESSIONAL KNOWLEDGE, BUT ALSO NEW IDEAS, INSPIRATION, AND VALUABLE PROFESSIONAL CONNECTIONS.

I WOULD LIKE TO THANK THE CONFERENCE ORGANIZERS AND PARTNERS FOR THEIR SUPPORT AND CONTRIBUTION TO THE DEVELOPMENT OF GASTROENTEROLOGICAL SCIENCE AND CLINICAL PRACTICE.

I WISH EVERYONE PRODUCTIVE WORK, ENGAGING DISCUSSIONS, AND INSPIRING PROFESSIONAL DISCOVERIES!



SINCERELY,

ABAI BAIGENZHIN, PHD

CHAIRMAN OF THE BOARD OF NATIONAL SCIENTIFIC
MEDICAL CENTER

SPEAKERS / MODERATORS



ANASTASSIA ABBASSOVA

GASTROENTEROLOGIST, HEPATOLOGIST, POSTGRADUATE RESEARCH FELLOW AT THE INFLAMMATORY BOWEL DISEASE (IBD) CENTER, M.F. VLADIMIRSKY MOSCOW REGIONAL RESEARCH AND CLINICAL INSTITUTE, MOSCOW, RUSSIA.

SPEAKER



ANUAR ABDIKARIMOV

HEAD OF THE DEPARTMENT OF GENERAL AND THORACIC SURGERY, NATIONAL SCIENTIFIC MEDICAL CENTER, SURGICAL ONCOLOGIST, ASTANA, KAZAKHSTAN

MODERATOR



DIANA ABDULGANIYEVA

DOCTOR OF MEDICAL SCIENCES, PROFESSOR OF THE RUSSIAN ACADEMY OF SCIENCES, HEAD OF THE DEPARTMENT OF HOSPITAL THERAPY AND VICE-RECTOR OF KAZAN STATE MEDICAL UNIVERSITY, CHIEF EXTERNAL CONSULTANT IN INTERNAL MEDICINE FOR THE MINISTRY OF HEALTH OF THE REPUBLIC OF TATARSTAN, KAZAN, RUSSIA

SPEAKER



BALZHAN ABZHAPAROVA

PHD, HEAD OF THE DIAGNOSTIC CENTER, A.N. SYZGANOV NATIONAL SCIENTIFIC CENTER OF SURGERY, GASTROENTEROLOGIST, HEPATOLOGIST, ALMATY, KAZAKHSTAN

SPEAKER



KAZYBEK AGIBAYEV

CHAIRMAN OF THE KAZAKHSTAN ASSOCIATION OF COLOPROCTOLOGISTS, HEAD OF THE DEPARTMENT OF COLOPROCTOLOGY, CITY MULTIDISCIPLINARY HOSPITAL NO. 1, COLORECTAL SURGEON, ASTANA, KAZAKHSTAN

SPEAKER / MODERATOR



AINUR SAGAT

MASTER OF MEDICAL SCIENCES, WEIGHT MANAGEMENT EXPERT, AUTHOR OF A HEALTHY LIFESTYLE BLOG

SPEAKER

SPEAKERS / MODERATORS



KRISTINA ASTAPKEVICH

GASTROENTEROLOGIST, ASTANA, KAZAKHSTAN

SPEAKER



YERLAN BAZARGALIYEV

PROFESSOR, HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, WEST KAZAKHSTAN
MARAT OSPANOV MEDICAL UNIVERSITY, AKTOBE, KAZAKHSTAN

MODERATOR



KANAT BATYRBEKOV

ASSOCIATE PROFESSOR, PHD, HEAD OF THE EXPERT ENDOSCOPY DEPARTMENT,
NATIONAL RESEARCH ONCOLOGY CENTER, CHAIRMAN OF THE KAZAKH ENDOSCOPIC
SOCIETY, NATIONAL COORDINATOR FOR ENDOSCOPY, MINISTRY OF HEALTH OF THE
REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN

SPEAKER / MODERATOR



ARMEN VARDANYAN

DOCTOR OF MEDICAL SCIENCES, HEAD OF THE DEPARTMENT OF COLORECTAL
SURGERY, A.N. RYZHIKH NATIONAL MEDICAL RESEARCH CENTER FOR
COLOPROCTOLOGY, COLORECTAL SURGEON, MOSCOW, RUSSIA

SPEAKER



ZAREMA GABDILYASHIMOVA

DOCTOR OF MEDICAL SCIENCES, OBSTETRICIAN-GYNECOLOGIST, FOUNDER
AND DIRECTOR OF THE EVIDENCE CLINIC

SPEAKER

SPEAKERS / MODERATORS



OLGA GORYACHEVA

CANDIDATE OF MEDICAL SCIENCES, GASTROENTEROLOGIST, PEDIATRICIAN, ASSOCIATE PROFESSOR, DEPARTMENT OF PROPAEDEUTICS OF PEDIATRIC DISEASES, PIROGOV RUSSIAN NATIONAL RESEARCH MEDICAL UNIVERSITY, MOSCOW, RUSSIA

SPEAKER



ALMACUL DZHUMABAYEVA

ASSISTANT PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES; CHAIR OF THE BOARD OF TRUSTEES OF THE KAZAKH ASSOCIATION OF INTERNAL MEDICINE SPECIALISTS PUBLIC FOUNDATION, ALMATY, KAZAKHSTAN

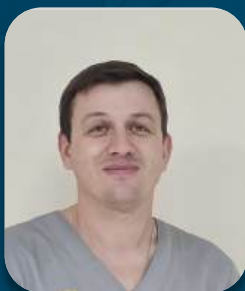
SPEAKER



AINUR DOSZHAN

PHD, HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, NATIONAL SCIENTIFIC MEDICAL CENTER; CHAIR OF THE ALLIANCE OF GASTROENTEROLOGISTS AND HEPATOLOGISTS; GASTROENTEROLOGIST AND HEPATOLOGIST, ASTANA, KAZAKHSTAN

SPEAKER / MODERATOR



ALEXEY ZELENY

HEAD OF THE ENDOSCOPY DEPARTMENT, ASTANA MULTIDISCIPLINARY MEDICAL CENTER, ENDOSCOPIST, ASTANA, KAZAKHSTAN

SPEAKER



GULSARA IMAMBAYEVA

CANDIDATE OF MEDICAL SCIENCES, ASSOCIATE PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, ASTANA MEDICAL UNIVERSITY, INFECTIOUS DISEASE SPECIALIST, ASTANA, KAZAKHSTAN

SPEAKER



JAMILYA KAIBULLAYEVA

CANDIDATE OF MEDICAL SCIENCES, ASSOCIATE PROFESSOR, DEPUTY CHAIR OF THE BOARD FOR SCIENTIFIC, CLINICAL AND INNOVATION ACTIVITIES, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES, GASTROENTEROLOGIST, ALMATY, KAZAKHSTAN

SPEAKER / MODERATOR

SPEAKERS / MODERATORS



AIDANA KALIYAKPAROVA

MASTER OF MEDICINE, CLINICAL NUTRITIONIST, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES; GASTROENTEROLOGIST, ALMATY, KAZAKHSTAN

SPEAKER



KULPASH KALIASKAROVA

CHIEF EXTERNAL GASTROENTEROLOGIST AND HEPATOLOGIST OF THE MINISTRY OF HEALTH OF THE REPUBLIC OF KAZAKHSTAN; PROFESSOR, NATIONAL RESEARCH ONCOLOGY CENTER, ASTANA, KAZAKHSTAN



AIGUL KANATOVA

HEAD OF THE GASTROENTEROLOGY PROGRAM, DEPARTMENT OF GENERAL THERAPY, UNIVERSITY MEDICAL CENTER CORPORATE FUND; PEDIATRIC GASTROENTEROLOGIST, ASTANA, KAZAKHSTAN

SPEAKER



RAIMA KAPI

RADIOLOGIST (MRI/CT), DEPARTMENT OF RADIOLOGY, HOSPITAL OF THE MEDICAL CENTER OF THE ADMINISTRATIVE OFFICE OF THE PRESIDENT OF THE REPUBLIC OF KAZAKHSTAN, ASTANA, KAZAKHSTAN

SPEAKER



LEONID KIM

CANDIDATE OF MEDICAL SCIENCES, ENDOSCOPIST, MOSCOW MULTIDISCIPLINARY CLINICAL CENTER "KOMMUNARKA", MOSCOW, RUSSIA

SPEAKER



DARIGA KUSHIMOVA

CANDIDATE OF MEDICAL SCIENCES, CHIEF EXTERNAL GASTROENTEROLOGIST OF AKTOBE REGION; ASSOCIATE PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE, WEST KAZAKHSTAN MARAT OSPANOV MEDICAL UNIVERSITY; GASTROENTEROLOGIST, AKTOBE, KAZAKHSTAN

MODERATOR

SPEAKERS / MODERATORS



ELENA LARYUSHINA

PROFESSOR, HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, KARAGANDA MEDICAL UNIVERSITY, KARAGANDA, KAZAKHSTAN

SPEAKER / MODERATOR



AZAT MIKHAILOV

CANDIDATE OF MEDICAL SCIENCES, HEAD OF THE DEPARTMENT OF DIAGNOSTIC IMAGING, NATIONAL SCIENTIFIC MEDICAL CENTER, ASTANA, KAZAKHSTAN

SPEAKER



ISSA MUSSATAYEV

HEAD OF THE SPECIALIZED CENTER FOR INFLAMMATORY BOWEL DISEASE (IBD), SHORT BOWEL SYNDROME AND NUTRITIONAL SUPPORT, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES; GASTROENTEROLOGIST, COLORECTAL SURGEON, ALMATY, KAZAKHSTAN

SPEAKER / MODERATOR



ASSYLTAY NAURYZBAYEVA

INFLAMMATORY BOWEL DISEASE (IBD) SPECIALIST, NATIONAL SCIENTIFIC MEDICAL CENTER; COLORECTAL SURGEON, GASTROENTEROLOGIST, ASTANA, KAZAKHSTAN

SPEAKER



ALEXANDER NERSESSOV

DOCTOR OF MEDICAL SCIENCES, HEAD OF THE DEPARTMENT OF GASTROENTEROLOGY, ASFENDIYAROV KAZAKH NATIONAL MEDICAL UNIVERSITY; PRESIDENT OF THE KAZAKH ASSOCIATION FOR THE STUDY OF THE LIVER, ALMATY, KAZAKHSTAN

SPEAKER / MODERATOR



SAMAL NURGALIYEVA

VICE PRESIDENT OF THE KAZAKH COLLEGE OF RHEUMATOLOGY; CHIEF EXTERNAL RHEUMATOLOGIST OF URALSK; HEAD OF THE SECOND DEPARTMENT OF INTERNAL MEDICINE, REGIONAL MULTIDISCIPLINARY HOSPITAL, URALSK, KAZAKHSTAN

SPEAKER

SPEAKERS / MODERATORS



ALEXANDER PRIKAZCHIKOV

GASTROENTEROLOGIST; AUTHOR OF THE BOOK CONFESSIONS OF THE INTESTINE;
MEDICAL BLOGGER, MOSCOW, RUSSIA

SPEAKER



AIGUL RAISSOVA

PROFESSOR, DEPARTMENT OF GASTROENTEROLOGY, ASFENDIYAROV KAZAKH
NATIONAL MEDICAL UNIVERSITY; CHIEF EXECUTIVE OFFICER, INTERNA INSTITUTE OF
GASTROENTEROLOGY, HEPATOLOGY AND METABOLISM CLINIC, ALMATY, KAZAKHSTAN

SPEAKER / MODERATOR



KARLYGASH RAISSOVA

PHD, HEAD OF THE CENTER FOR ACADEMIC DEVELOPMENT, NATIONAL SCIENTIFIC
MEDICAL CENTER, ASTANA, KAZAKHSTAN



VENERA RAKHMETOVA

DOCTOR OF MEDICAL SCIENCES, PRESIDENT OF THE SOCIETY OF GASTROENTEROLOGY
AND HEPATOLOGY SPECIALISTS; PROFESSOR, DEPARTMENT OF INTERNAL MEDICINE,
ASTANA MEDICAL UNIVERSITY, ASTANA, KAZAKHSTAN

SPEAKER / MODERATOR



ZHANAR RSALIYEVA

CANDIDATE OF MEDICAL SCIENCES, HEAD OF THE DEPARTMENTS OF
GASTROENTEROLOGY, NEPHROLOGY AND HEMATOLOGY, CITY HOSPITAL NO. 2;
DIRECTOR OF THE CITY HEPATOLOGY CENTER; CHIEF EXTERNAL HEPATOLOGY
CONSULTANT OF THE SHYMKENT CITY HEALTH DEPARTMENT, SHYMKENT, KAZAKHSTAN

MODERATOR



POLINA SVECHNIKOVA

PSYCHIATRIST, PSYCHOTHERAPIST, SPECIALIST IN COGNITIVE BEHAVIORAL THERAPY
(CBT) AND ACCEPTANCE AND COMMITMENT THERAPY (ACT), MINDSET CLINIC,
MOSCOW, RUSSIA

SPEAKER

SPEAKERS / MODERATORS



ANDREY SIMAKOV

GASTROENTEROLOGIST; ULTRASOUND SPECIALIST, MEDIN MEDICAL CENTER, TIRASPOL, MOLDOVA

SPEAKER



AINASH TANABAYEVA

GASTROENTEROLOGIST, CENTER FOR INFLAMMATORY BOWEL DISEASE (IBD), SHORT BOWEL SYNDROME AND NUTRITIONAL SUPPORT, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES, ALMATY, KAZAKHSTAN

SPEAKER



ANASTASSIA TERTYSHNAYA

GASTROENTEROLOGIST; HEAD OF THE DEPARTMENT OF INTERNAL MEDICINE, APRIL MEDICAL CENTER, KALININGRAD, RUSSIA

SPEAKER



NINA TOSTANOVSKAYA

GASTROENTEROLOGIST AND HEPATOLOGIST, NATIONAL SCIENTIFIC MEDICAL CENTER, ASTANA, KAZAKHSTAN



MEDET TOLEUBAYEV

PHD, ASSOCIATE PROFESSOR, DEPARTMENT OF SURGICAL DISEASES, ASTANA MEDICAL UNIVERSITY, ASTANA, KAZAKHSTAN



ZHANNA URAZBAKHOVA

CRIMINAL DEFENSE ATTORNEY SPECIALIZING IN ECONOMIC AND CORRUPTION-RELATED OFFENSES, WITH EXPERTISE IN THE PROTECTION OF HONOR, DIGNITY, AND BUSINESS REPUTATION

SPEAKER

SPEAKERS / MODERATORS



LAURA UTEMISSOVA

NATIONAL PUBLIC HEALTH PROGRAM COORDINATOR, WHO COUNTRY OFFICE IN KAZAKHSTAN

SPEAKER



SAULE KHAMZINA

COLORECTAL SURGEON, NATIONAL CANCER CENTER, ASTANA, KAZAKHSTAN

SPEAKER



DMITRY TSOY

HEPATOBIILIARY SURGEON; HEAD OF THE HEPATOPANCREATOBILIARY SURGERY AND ORGAN TRANSPLANTATION PROGRAM, UNIVERSITY MEDICAL CENTER CORPORATE FUND; SURGICAL INSTRUCTOR, NAZARBAYEV UNIVERSITY SCHOOL OF MEDICINE, ASTANA, KAZAKHSTAN

SPEAKER



AINUR CHALABAYEVA

GASTROENTEROLOGIST AND HEPATOLOGIST, SHYMKENT, KAZAKHSTAN

SPEAKER



ALEXEY SHVEDOV

SENIOR CLINICAL RESEARCH SPECIALIST, PSI CRO KAZAKHSTAN

SPEAKER



YAŞAR ÇOLAK

DOCTOR OF MEDICAL SCIENCES, PROFESSOR OF GASTROENTEROLOGY, ENDOSCOPIST, ACIBADEM UNIVERSITY HOSPITAL, ISTANBUL, TÜRKİYE

SPEAKER

MASTERCLASS
**LAPAROSCOPIC COLORECTECTOMY WITH ILEAL POUCH-ANAL ANASTOMOSIS IN
A PATIENT WITH INFLAMMATORY BOWEL DISEASE**

MODERATOR: ANUAR ABDIKARIMOV

08:00-08:30

REGISTRATION

08:30-09:00

WELCOME ADDRESS

ABAI BAIGENZHIN, DOCTOR OF MEDICAL SCIENCES, PROFESSOR,
CHAIRMAN OF THE BOARD, NATIONAL SCIENTIFIC MEDICAL CENTER

ANUAR ABDIKARIMOV, HEAD OF THE DEPARTMENT OF GENERAL SURGERY,
NATIONAL SCIENTIFIC MEDICAL CENTER

09:00-09:15

PATIENT PRESENTATION

SAULE KHAMZINA

09:15-13:00

**LAPAROSCOPIC COLORECTECTOMY WITH ILEAL POUCH-ANAL
ANASTOMOSIS**

*ARMEN VARDANYAN
KAZYBEK AGIBAYEV*

11:30-12:00

COFFEE BREAK ☕

13:00-13:20

THE PROCTOLOGY PATIENT BEFORE AND AFTER SURGERY

KAZYBEK YESENOVICH AGIBAYEV

SUPPORTED BY BAYER

07:30-08:30

CONFERENCE REGISTRATION

08:30 - 09:00

OPENING CEREMONY

ABAI BAIGENZHIN — DOCTOR OF MEDICAL SCIENCES, CHAIRMAN OF THE BOARD, NATIONAL SCIENTIFIC MEDICAL CENTER

AINUR TULEUOVA — HEAD OF THE ASTANA CITY PUBLIC HEALTH DEPARTMENT

KULPASH KALIASKAROVA — CHIEF EXTERNAL GASTROENTEROLOGIST AND HEPATOLOGIST OF THE MINISTRY OF HEALTH OF THE REPUBLIC OF KAZAKHSTAN; PROFESSOR, NATIONAL CANCER CENTER, ASTANA

JAMILYA KAIBULLAYEVA — CANDIDATE OF MEDICAL SCIENCES, ASSOCIATE PROFESSOR, DEPUTY CHAIR OF THE BOARD FOR SCIENTIFIC, CLINICAL AND INNOVATION ACTIVITIES, RESEARCH INSTITUTE OF CARDIOLOGY AND INTERNAL DISEASES; GASTROENTEROLOGIST, ALMATY

09:00-09:15

HEALTHY NUTRITION – A HEALTHY FUTURE: A PROFESSIONAL APPROACH TO THE PROBLEM OF OBESITY

LAURA UTEMISSOVA

09:15-10:30

SYMPOSIUM

"THE PATIENT WITH INFLAMMATORY BOWEL DISEASE THROUGHOUT LIFE: TREAT EARLY. TREAT RIGHT. TREAT TO TARGET: HOW THE TREATMENT PHILOSOPHY FOR IBD IS CHANGING"

MODERATOR JAMILYA KAIBULLAYEVA

SPEAKERS:

AIGUL KANATOVA

JAMILYA KAIBULLAYEVA

DIANA ABDULGANIYEVA

SAMAL NURGALIYEVA

ASYLTAI NAURYZBAYEVA

SUPPORTED BY JOHNSON & JOHNSON

DISCUSSION 

10:30-10:55

COFFEE BREAK 

10:55-13:30

SESSION «IBD 360°»

MODERATORS:

JAMILYA KAIBULLAYEVA, ELENA LARYUSHINA, KAZYBEK AGIBAYEV

10:55-11:10

**HOW TO BECOME AN INTERNATIONAL-LEVEL RESEARCH CENTER:
PRACTICAL ASPECTS OF PARTICIPATING IN CLINICAL TRIALS ON
INFLAMMATORY BOWEL DISEASE IN KAZAKHSTAN**

ALEXEY SHVEDOV

11:10-11:30

**NON-INVASIVE LABORATORY MONITORING OF INFLAMMATORY
BOWEL DISEASE: FROM EARLY DIAGNOSIS TO DISEASE CONTROL**

ELENA LARYUSHINA

SUPPORTED BY KDL OLYMP AND HVD

11:30-11:50

**MESALAZINE WITHOUT ILLUSIONS: COMMON MISTAKES IN 5-ASA
THERAPY FOR ULCERATIVE COLITIS**

ISSA MUSSATAYEV

SUPPORTED BY FERRING

11:50-12:10

**PATIENTS WITH INFLAMMATORY BOWEL DISEASE AND MULTIPLE
COMORBIDITIES: HOW WE MODIFIED THERAPY—CLINICAL CASES
FROM PRACTICE**

AINASH TANABAYEVA

SUPPORTED BY KFK

12:10-12:30

**TREAT-TO-TARGET IN CROHN'S DISEASE: ACHIEVING THERAPEUTIC
GOALS AND SELECTING SAFE TREATMENT FOR HIGH-RISK PATIENTS**

SAULE KHAMZINA

SUPPORTED BY TAKEDA

12:30-12:50

**JAK INHIBITORS IN INFLAMMATORY BOWEL DISEASE: EXPERIENCE IN
MANAGING PATIENTS WITH COMORBIDITIES AND REFRACTORY
DISEASE**

ASYLTAI NAURYZBAYEVA

SUPPORTED BY ABBVIE

12:50-13:05

**ILEAL POUCH-ANAL ANASTOMOSIS: FROM SURGICAL TECHNIQUE TO
CLINICAL OUTCOMES—TIPS & TRICKS**

ARMEN VARDANYAN

13:05-13:20

ONLINE

SURGERY IS OVER—NUTRITIONAL RISKS REMAIN: MANAGEMENT OF PATIENTS WITH INFLAMMATORY BOWEL DISEASE AFTER SURGICAL TREATMENT

AIDANA KALIYAKPAROVA

SUPPORTED BY NUTRICIA

13:20-13:30

Q&A 

13:30-14:30

LUNCH

14:30-16:20 SESSION «CLINICAL HEPATOLOGY AND PANCREATOLOGY: FROM DIAGNOSIS TO TRANSPLANTATION»

MODERATORS:

ALEXANDER NERSESSEV

DARIGA KUSHIMOVA

14:30-14:50

PRESENTATION OF THE CLINICAL PRACTICE GUIDELINE "DRUG-INDUCED LIVER INJURY"

ALEXANDER NERSESSEV

SUPPORTED BY ABBOTT

14:50-15:10

PRIMARY BILIARY CHOLANGITIS AT DIFFERENT STAGES OF THE PATIENT JOURNEY: DIAGNOSIS, TREATMENT, AND ASSOCIATED CONDITIONS

AINUR DOSZHAN

SUPPORTED BY NOBEL

15:10-15:25

PUTTING THE CLINICAL PUZZLE TOGETHER: RECOGNIZING EXOCRINE PANCREATIC INSUFFICIENCY AND SELECTING EFFECTIVE THERAPY

ALMAGUL DZHUMABAYEVA

SUPPORTED BY ABBOTT

15:25-15:40

MRI WITH HEPATOCYTE-SPECIFIC CONTRAST ENHANCEMENT IN PRECISION DIAGNOSIS OF HEPATOCELLULAR CARCINOMA: THE KEY TO ACCURATE PRE-TRANSPLANT STAGING

RAIMA KAPI

15:40-15:55

THE ROLE OF THE MULTIDISCIPLINARY TEAM (MDT) IN THE DEVELOPMENT OF HEPATOPANCREATOBILIARY SURGERY AND LIVER TRANSPLANTATION PROGRAMS

DMITRY TSOY

15:55-16:10

INJURY TO THE LIVER ALLOGRAFT: DISEASE RECURRENCE, REJECTION, OR DE NOVO PATHOLOGY?

BALZHAN ABZHAPAROVA

16:10-16:20

Q&A 

16:20-16:45

COFFEE BREAK

16:45-18:25

SESSION «THE CHALLENGING PATIENT WITH UPPER GASTROINTESTINAL SYMPTOMS: DIAGNOSTIC PITFALLS, RISKS, AND MULTIDISCIPLINARY SOLUTIONS»

MODERATORS:
YERLAN BAZARGALIYEV
KANAT BATYRBEKOV

16:45-17:05

HYPERSENSITIVE ESOPHAGUS AND NON-EROSIVE REFLUX DISEASE: THE ROLE OF PHYTOTHERAPY IN THE MANAGEMENT OF VISCERAL HYPERSENSITIVITY

ANDREY SIMAKOV

SUPPORTED BY BAYER

17:05-17:25

ANTI-REFLUX THERAPY: INDICATIONS, PROCEDURE SELECTION, AND POSTOPERATIVE PATIENT MANAGEMENT. WHEN CONSERVATIVE TREATMENT OF GERD IS INEFFECTIVE

KANAT BATYRBEKOV

17:25-17:45

IS IT GASTRITIS? AND IF SO, WHAT KIND OF GASTRITIS?

LEONID KIM

17:45-18:00

ESOPHAGEAL GASTRIC HETEROTOPIA: IS IT REALLY THAT SIMPLE? A CLINICAL CASE

ALEXEY ZELENY

SUPPORTED BY MAYOLY

18:00-18:15

EOSINOPHILIC ESOPHAGITIS AND DRUG-INDUCED ESOPHAGEAL INJURY

KRISTINA ASTAPKEVICH

SUPPORTED BY KRKA

18:15-18:25

Q&A 

08:30-09:00

YOUNG INVESTIGATOR COMPETITION AWARDS CEREMONY

09:00-10:15

ACADEMY OF NEUROGASTROENTEROLOGY SYMPOSIUM

"ALL ROADS LEAD TO ROME V"

- WHAT IS NEUROGASTROENTEROLOGY AND WHY IS IT IMPORTANT?
A MULTIDISCIPLINARY APPROACH AS THE FOUNDATION OF THE SPECIALTY (PSYCHIATRIST, PSYCHOTHERAPIST, NEUROLOGIST, PELVIC FLOOR THERAPIST)
 - PAIN, CONSTIPATION, DIARRHEA, HEARTBURN, AND BLOATING
- THE FIVE PILLARS OF ROME V AND CURRENT THERAPEUTIC APPROACHES
- NEUROMODULATORS
 - WHY THEY ARE BOTH VALUED AND CRITICIZED: PERIPHERAL AND CENTRAL NEUROMODULATORS, MAJOR DRUG CLASSES, MECHANISMS OF ACTION, AND PRESCRIBING CHALLENGES
 - LEGAL CHALLENGES IN PRESCRIBING NEUROMODULATORS
- CLINICAL CASES

ANDREY SIMAKOV
ANASTASSIA TERTYSHNAYA

PSYCHIATRY AND NEUROGASTROENTEROLOGY: WHERE THE DISCIPLINES MEET

- CAUSES OF PSYCHIATRIC DISORDERS IN PATIENTS WITH DISORDERS OF THE BRAIN-GUT AXIS AND THEIR EPIDEMIOLOGY
- SOMATIC SYMPTOM DISORDERS, ANXIETY DISORDERS, AND DEPRESSIVE DISORDERS: CLINICAL MANIFESTATIONS
- "WHEN TWO SPECIALISTS SHARE ONE PATIENT"—WHEN THE CHOICE OF A NEUROMODULATOR SHOULD BE MADE BY A PSYCHIATRIST
- BUILDING EFFECTIVE COLLABORATION BETWEEN GASTROENTEROLOGISTS AND PSYCHIATRISTS IN MULTIDISCIPLINARY PATIENT CARE

POLINA SVECHNIKOVA

THE CHALLENGES OF PEDIATRIC GASTROENTEROLOGY: AN OPEN DIALOGUE

OLGA GORYACHEVA

10:15-11:10

SESSION «THE GUT ECOSYSTEM: FUNCTIONAL GASTROINTESTINAL DISORDERS AND THE MICROBIOTA»

MODERATORS: VENERA RAKHMETOVA
ISSA MUSSATAYEV

10:15-10:30

A DIFFICULT ADOLESCENT: WHAT DOES THE GASTROINTESTINAL TRACT HAVE TO DO WITH IT?

OLGA GORYACHEVA

SUPPORTED BY MACLEODS

10:30-10:45

PROBIOTICS IN CONTEMPORARY CLINICAL PRACTICE: EVIDENCE AND CLINICAL OPPORTUNITIES

VENERA RAKHMETOVA

SUPPORTED BY NOBEL

10:45-11:00

MICROBIOME-ORIENTED MEDICINE: FUNCTIONAL PROFILING OF THE GUT MICROBIOTA AND TARGETED THERAPEUTIC STRATEGIES

GULSARA IMAMBAYEVA

SUPPORTED BY MACLEODS

11:00-11:10

Q&A 

11:10-11:30

COFFEE BREAK

11:30-13:40 SESSION «METABOLIC SYNDROME: THE PANDEMIC OF THE 21ST CENTURY»

MODERATORS: AIGUL RAISSOVA
ZHANAR RSALIYEVA

11:30-11:50

BILIARY STASIS, BILIARY SLUDGE, AND DYSPEPSIA: WHAT LIES BEHIND POSTPRANDIAL SYMPTOMS?

AIGUL RAISSOVA

SUPPORTED BY ADAMED

11:50-12:10

URSODEOXYCHOLIC ACID IN MODERN GASTROENTEROLOGY: WHERE IS THE EVIDENCE?

AINUR CHALABAYEVA

SUPPORTED BY SANTO

12:10-12:30

CONTEMPORARY THERAPY WITH GLP-1 RECEPTOR AGONISTS: OPTIMIZING TREATMENT EFFECTIVENESS AND MANAGING GASTROINTESTINAL ADVERSE EVENTS

AIGUL RAISSOVA

SUPPORTED BY PRO.MED.CS PRAHA A.S.

12:30-13:00

BARIATRIC SURGERY: WHEN MEDICAL THERAPY IS NO LONGER ENOUGH—AN INTERNATIONAL PERSPECTIVE

YAŞAR ÇOLAK

13:00-13:15

NUTRITION AND BEHAVIORAL THERAPY IN OBESITY: THE FOUNDATION ON WHICH EVERYTHING BEGINS

AINUR SAGAT

13:15-13:30

BODY COMPOSITION CT IN METABOLIC SYNDROME: FAT, MUSCLE, AND METABOLIC RISK

AZAT MIKHAILOV

13:30-13:40

Q&A 

13:40-14:30

COFFEE BREAK

14:30-16:00

MASTERCLASS «PHYSICIANS ON SOCIAL MEDIA: HOW TO SURVIVE AND THRIVE IN THE ERA OF ONLINE HATE AND COGNITIVE BIASES»

***PAID MASTERCLASS**

BUILDING A PHYSICIAN'S PERSONAL BRAND: DEVELOPING PROFESSIONAL SOCIAL MEDIA PRESENCE AND MANAGING ONLINE HATE

ALEXANDER PRIKAZCHIKOV

EVIDENCE-BASED MEDICINE ON SOCIAL MEDIA: MAINTAINING PATIENT TRUST IN THE AGE OF INFORMATION OVERLOAD

ANASTASSIA ABBASSOVA

BALANCING CLINICAL PRACTICE, RESEARCH, ENTREPRENEURSHIP, AND PERSONAL BRAND DEVELOPMENT IN KAZAKHSTAN

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LEGAL PROTECTION OF PHYSICIANS ON SOCIAL MEDIA

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